

# GEORGE III

PENMAENPOOL

## STARTERS

<b>Soup of the day (v)</b> <i>Crusty bread &amp; butter 483kcal</i>	<b>£6.00</b>	<b>Moroccan cauliflower fritters (vgn)</b> <i>In a ras el hanout batter &amp; served with a vegan minted mayonnaise 560kcal</i>	<b>£7.00</b>
<b>Smoked haddock fishcake</b> <i>Smoked haddock, potato, pea &amp; asparagus in a crispy crumb with a lemon dressing 371kcal</i>	<b>£7.50</b>	<b>Chicken liver parfait</b> <i>Ale chutney, baby leaf salad &amp; crusty bread 392kcal</i>	<b>£7.00</b>

## MAIN COURSES

<b>Prime beef burger</b> <i>Smoked bacon, onion rings, tomato, lettuce, Cheddar, gherkin, mustard mayo &amp; chunky chips 1880kcal</i>	<b>£14.50</b>	<b>Salt &amp; chilli chicken</b> <i>Stir fried vegetables, wild rice, teriyaki sauce, fresh chillies, spring onions &amp; sesame seeds 996kcal</i>	<b>£15.00</b>
<b>Beer battered cod</b> <i>Robinsons ale batter, chunky chips, mushy peas &amp; tartare sauce 818kcal</i>	<b>£15.00</b>	<b>British beef steak &amp; Unicorn ale pie</b> <i>Yorkshire grass fed braised beef, Robinsons Unicorn ale, fresh seasonal vegetables, chunky chips &amp; gravy 916kcal</i>	<b>£15.00</b>
<b>Spiced sweet potato, barley &amp; kale pie (vgn)</b> <i>Sweet potato pie with roasted red onion, kale, mustard &amp; curry spices. Seasonal vegetables &amp; new potatoes 937kcal</i>	<b>£14.00</b>	<b>Bourbon BBQ chicken burger</b> <i>Grilled chicken breast, bourbon BBQ sauce, grilled bacon &amp; melted cheese, onion rings &amp; chunky chips 1430kcal</i>	<b>£14.00</b>

## LUNCHTIME SPECIALS - ALL £9.95

*Served from 12pm - 3pm*

### **Bangers & mash**

*Old English sausages, served on top of a creamy mashed potato with a rich onion gravy 863kcal*  
**Add a portion of seasonal vegetables for £3.50**

### **Beef lasagne**

*Homemade beef lasagne served with a side salad 661kcal*  
**Add garlic bread for £3.50**

### **Fish pie**

*Homemade fish pie with cod, salmon & prawns in a creamy sauce topped with creamy mashed potatoes served with seasonal vegetables 533kcal*

### **Scampi**

*Breaded scampi served with hand cut chips & peas, with a lemon wedge & tartare sauce 963kcal*

### **5 bean chilli (vgn)**

*5 bean vegan chilli, served with wild rice & nacho chips 581kcal*

### **Jacket potato**

*With your choice of:*

*Cheese & beans (v) 780kcal*  
*Tuna & mayo 1016kcal*  
*5 bean chilli (vgn) 605kcal*

**Adults need around 2000 kcal a day**

## HOT & COLD SANDWICHES

*Cold sandwiches served on your choice of white or brown bloomer with fries or a mug of soup*

**Tuna & cucumber** £8.95

*Tuna mayonnaise with sliced cucumber 555kcal*

**Cheese & chutney** £8.95

*Grated Cheddar cheese with ale spiked chutney 660kcal*

**Ham & coleslaw** £8.95

*Roasted sliced ham with homemade coleslaw 566kcal*

*Hot sandwiches served on toasted ciabatta with fries or a mug of soup*

**Hot roast beef** £11.95

*Sliced roast beef, with fried onions & gravy 894kcal*

**Chicken New Yorker** £11.95

*Chicken fillet, crispy bacon, bourbon BBQ sauce & melted cheese 1185kcal*

**BLT** £10.95

*Crispy bacon, lettuce, sliced tomato & mayonnaise 1148kcal*

## DESSERTS

**Sticky toffee pudding** £7.50

*Served warm with either custard, cream or vanilla ice cream 744kcal*

**Dark chocolate orange torte (v, vgn)** £7.50

*Orange segments & chocolate sauce 419kcal*

**Fruit crumble (v)** £7.50

*Served with custard 295kcal  
(ask for today's crumble)*

**White & dark chocolate brownie (v, gf)** £7.50

*Served warm with cream or ice cream 606kcal*

**Giant profiterole** £7.50

*Filled with whipped cream & drizzled with warm chocolate sauce 1209kcal*

### ICE CREAM

**1 scoop 254kcal - £2.95 • 2 scoops 508kcal - £3.95  
3 scoops 762kcal - £4.95**

*Choose from vanilla, mint choc chip, honeycomb, bubble gum, strawberry, triple chocolate or white chocolate & raspberry*

*Sorbets – Mango, lemon or strawberry (vgn, gf)*

(v) Vegetarian (gf) Gluten Free (vgn) Vegan

All weights stated are approximate prior to cooking

FOOD ALLERGIES AND INTOLERANCES. Before ordering drinks or food, please speak with a team member about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones.

All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information.

**Adults need around 2000 kcal a day**

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