

A TASTE OF THE MED

ANY 3 PLATES FOR £20

Includes: Sourdough baguette, olive oil & balsamic vinegar

Small plates crafted with bright, bold ingredients from across the Med.

Hummus

Citrus infused hummus served with warm, chargrilled flatbread.

Patatas Bravas (v)

Crispy potatoes with a smoky, spicy tomato sauce & garlic aioli.

Breaded Prawns

Lightly spiced prawns in a crisp crumb with sweet chilli & fresh lemon.

Spanish Meatballs

Pork & beef meatballs in a gently spiced tomato & paprika sauce.

Chicken Skewers

Marinated chicken skewers grilled with Mediterranean spices.

Braised Chorizo

Chorizo braised in red wine & honey for a rich, glossy finish.

Sautéed Mushrooms (v)

Garlic buttered mushrooms with spinach, blue cheese & toasted pine nuts.

Pan-Fried Squid

Quick seared squid with cherry tomatoes, garlic, chilli & capers.
The kitchen's pick for its fresh, bright flavours & perfect balance.

Spanish Chicken

Braised chicken leg in a rich tomato & pepper sauce with smoked paprika.

Roasted Padrón Peppers (vgn)

Charred Padrón peppers with sea salt & olive oil.

Pan Con Tomate (vgn)

Toasted rustic bread with crushed tomato, garlic & extra virgin olive oil.



GEORGE III

PENMAENPOOL



FOOD ALLERGIES AND INTOLERANCES - *SCAN THE QR CODE FOR FULL ALLERGEN INFORMATION.*

Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-ingredient kitchen environment. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Some fish may contain small bones. All weights stated are approximate prior to cooking.

(v) Vegetarian (vgn) Vegan (vga) Vegan option available (gf) Gluten Free